

## THANK YOU

Ben Sangster – Web Master  
 BMO Fountain of Hope  
 Brian Marshall and Friends  
 The Bustin' Loose Barbeque Team  
 Canadian Progress Club – York Region Women  
 Cantabile Chorale Choir  
 Community Care Access Centre (CCAC)  
 CIBC  
 Community Church of Richmond Hill  
 Deb Stevenson and Friends – Nancy Hay Golf Day  
 Freshwater Industries – John Mills  
 GREEN FORCE, Susan Mitchell and Woodhill Garden Center  
 - Dale Sood, Lauren Gropper, Mark Cullen, and HGTV.ca  
 Knights of Columbus  
 Ladies Afternoon Bridge Club  
 Marcia McVean – The Magpies (Voices for Hospice)  
 Marshall's Funeral Home  
 McConaghy Old Boys  
 PalCare Network of York Region  
 Preceptor Epsilon Iota Beta Sigma Phi  
 Regional Nursing Services  
 Richmond Hill Baptist Church  
 Richmond Hill Ladies Recreational Softball League  
 Richmond Hill Presbyterian Church – Mission and Outreach  
 Richvale Lions Club  
 Security Access Controls (Jeff Ford)  
 Shirley Keller, Shoppers Drug Mart (Bathurst & New Westminster)  
 Shoppers Drug Mart, Hillcrest Mall  
 St. John the Baptist Church – Outreach Program  
 St. Mary Immaculate Church – CWL Council  
 St. Mary's Anglican Church Women  
 St. Matthews United Church - Outreach Committee  
 The Horticultural Society  
 The Royal Canadian Legion Branch 375  
 The Town of Richmond Hill and its employees  
 Thornhill Cruiser Car Club Inc.  
 Turf Care  
 Tyco's Tool & Die – Chris Amodeo  
 United Way

## WISH LIST

Coffee, dry goods, paper products (paper towels, Kleenex, etc), bar soap, liquid handsoap, high-efficiency laundry detergent, dish washer soap and cleansing products, laptop computer, digital camera for family memories, game system for T.V. and games.

## GIVING BACK

Canadians are a generous bunch and we believe in giving back to our communities. Gifts, large and small, can make a huge difference for organizations building the quality of life of our communities. For example, you can:

- donate stocks and bonds that you already own.
- leave a sum of money to a charity in your will.
- establish a charitable trust.
- name Hill House Hospice as a beneficiary on your life insurance policy.

Thanks to Canada's income tax legislation, these charitable donations can provide you with substantial tax savings. If you would like to learn more about how you can make a gift last in a more meaningful way, please don't hesitate to contact me. I'd like to help both you and Hill House get the most out of your donation.

**Tina Jakma, BA, CFP**

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## VOLUNTEERS NEEDED

Hill House Hospice continues to expand their volunteer program. If you are interested in volunteering at Hill House, please contact Mary Lynn at 905-737-9308. Training is provided.

### 2007 Board of Directors

Stephen Cappe, Chair	Dr. Susan Coish
Graham Constantine	Ruth Coxford
Rick Dobson, Treasurer	Carol Duffy
Raman Kumar	Elizabeth Renwick

Hill House Hospice distributes this newsletter to all individuals, groups, and others who have made a donation to, or who have an affiliation with Hill House. In compliance with privacy requirements, this information is not shared for any other purpose. If you would like to be removed from our mailing list, please contact Mary Lynn at [info@hillhousehospice.com](mailto:info@hillhousehospice.com) or call Hill House at 905-737-9308.

## DID YOU KNOW...

You can direct your United Way charitable payroll deduction at your workplace to Hill House. When completing your pledge card, remember to include our charitable tax number: 86983 4648 RR0001



Hill House Newsletter  
 November 2007

## MESSAGE FROM THE EXECUTIVE DIRECTOR

When a friend dies, our grief is often disenfranchised. Our peers or colleagues do not always recognize Friendship Grief. We don't get days off work to help prepare or participate in rituals and we certainly are not afforded the opportunity to grieve. The Canadian Hospice Palliative Care Association defines "family" as "who we deem them to be." It is time for our society to acknowledge that grief can and does deeply affect us, especially when our bonds are by choice and not by blood. I wish to praise and thank one of our supporters of Hill House Hospice, Deb Stevenson. Deb's best friend, Nancy Hay, died at Hill House four years ago at the age of forty-seven. Through Deb's "grief energy," the Nancy Hay Day Golf Tournament was founded. The fourth annual tournament held at Sleepy Hollow Golf Club in July of this year, saw a full field of 144 golfers, a wonderful banquet, door prizes, and silent auctions. Needless to say, a wonderful time was had by all. Deb has taken the pain of her grief and turned it into a lasting tribute and celebration of life.



Thanks, Deb, for sharing Nancy's memory with us. We value you and honour your loss.

Thank you to the nurses, volunteers, personal support workers, physicians, and the board of directors. I am very proud to be a part of this team.

Anne-Marie Dean  
 RN CHPCN(C)  
 Executive Director

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**86983 4648 RR0001**



Ivan Klein, a resident of Hill House with (left to right) Marlene (PSW), Laura R.N., and Judy R.N.



### HIKE FOR HOSPICE

On a sunny Sunday afternoon in June, Hill House, York Region's residential hospice, joined York Region's visiting hospices and the PalCare Network for York Region's "Hike For Hospice." Participants included staff, volunteers, clients, and families who collected pledges and gathered for the hike around Fairy Lake in Newmarket. The event was a big success. Participants were entertained with music and clowns as they hiked and enjoyed a barbeque lunch after they had crossed the finish line. "Hike For Hospice" succeeded in raising funds for the hospices and also served as an important public awareness event. To participate in "Hike 2008", please call Mary Lynn at 905-737-9308.

### VOICES FOR HOSPICE

Hill House Hospice in partnership with Hospice Richmond Hill held a "Voices for Hospice" concert at Mill Pond in Richmond Hill on Saturday, October 13. "Voices for Hospice" is the world's largest regular singing event! Hundreds of concerts take place all over the world to raise awareness of hospice care and encourage new volunteers to get involved in their local hospice. The concert at Mill Pond included a sing along and live performances by local musicians.

Thanks go to Jan McDonald, Marian Nalley, and Marcia McVean (The Magpies) for helping out at this event.

### A VOLUNTEER'S STORY - JAN McDONALD

In the fall of 2006, I was looking for an opportunity to volunteer my time and services. I have been interested in hospice care and it's philosophy of "living life until the end of life" since being a loving and participating witness to the passing of both my parents.

One day, I noticed a poster describing Hill House and it's need for volunteers. After contacting Mary Lynn, the volunteer co-ordinator, we met for an interview and shortly afterward I joined the "team" at Hill House.

Not once have I regretted my decision to volunteer at Hill House. Since the fall of 2006, I have had the honour to have met many loving, caring families and hopefully I have helped them through a difficult time in any way I could. I look forward to a long and rewarding relationship between myself, the residents, and the wonderful staff at Hill House Hospice.



### CHARACTER COMMUNITY DAY

A character community is one in which elected officials, community leaders in the education, business and faith communities, law enforcement, media sectors, and citizens at-large promote the importance of good character. The eleven character traits emphasized are respect, responsibility, courage, inclusivity, honesty, fairness, integrity, optimism, compassion, perseverance, and initiative. This year's Character Day was a great success with over 15 Character Organizations including Hill House Hospice taking part in a Community Group Showcase. The event, held at Hillcrest Mall on October 17, 2007 brought together organizations and groups from all over Richmond Hill to show the community that they are there for them. A plaque was presented to each organization by Mayor David Barrow and council members followed by a performance by Errol Lee and his crew. Thanks go to Dianne Mitchell and Marian Nalley for their time and support.

### CASINO NIGHT

On March 20, volunteers for Hill House Hospice held a casino night at Chico's Bar and Grill. We warmly thank Earl Whyte, Kevin McKeown, Jeff Ford, and everybody else that made the evening such a great success. An auction was held with proceeds going to Hill House. Supporters also had the opportunity to trade in their hard-earned poker chips for prize tickets.



### MESSAGE FROM THE CHAIR OF HILL HOUSE

At Hill House Hospice we will complete 2007 as it began. We will continue to deliver optimal end stage patient care in a home environment. We will continue to provide a place of warmth, peace, and sensitivity to the culturally diverse clientele whom we serve. We will continue to receive numerous words and letters of praise from the friends and families of over 550 persons we have served since our opening in June 1998. We will impose no financial qualifications for admission and we will manage as best we can. We will serve our goals each day. As the chill of winter ushers in 2008, please remember the financial survival of Hill House Hospice depends upon your strong donor support.

In the spirit of the season, may you and your loved ones be blessed with long life and good health.

Your generous tax deductible support is appreciated.

**STEPHEN L. CAPPE LL.B.**  
Barrister and Solicitor  
Chair – Hill House Hospice  
E-mail: slc@slcappelaw.com

### VOLUNTEER AND STAFF APPRECIATION EVENING



The Selah Strings - Sarah Rytkonen, Tapio Rukkila, Arlene Charters

Once again, the Board of Directors hosted the annual volunteer and staff appreciation evening at Hill House in July. This evening was a wonderful opportunity for volunteers and staff to liaise as we don't always get the opportunity to see our fellow colleagues at the Hospice due to shift times. All of our staff and volunteers provide professional and compassionate care for clients and their families at Hill House, and the Board of Directors recognize their very important roles at this event. And, lest we forget, the picture on the left reminds us that our own Board of Directors are volunteers, too. Thank you for a wonderful evening of music, good food, and great conversation. Thanks also goes to friends of Anterro and Liisa Rissanen for the beautiful music.